



EDUCATION - THE CHALLENGE OF THE LATER YEARS

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INTRODUCTION

Ageing is one of the greatest social and economic challenges to European societies in the 21st century. It will affect all Member States and it will cut across nearly all EU policy domains. The course has five main modules.

Each Module introduces the main topic, and also includes local context and experiences. This guide provides the basic foundations and concepts for all those interested in senior education. You can use this Module in the way that best suits your needs and context, but we have found following scenarios particularly useful:

- For experts in a specific subject (educators, teachers, facilitators, trainers) who wish to acquire general knowledge in other fields.
- For personnel with limited experience who are keen to know more about the context and potentialities of senior citizens, and also how education can be shaped to have greatest impact on seniors' quality of life,
- For training of the personnel (vocational training) who will be working with lifelong learning programmes or institutions,
- For the wider public (decision makers, social services, volunteer institutions, associations), interested in knowing the potentialities of education and learning how they can encourage and reinforce lifelong learning among senior citizens, thereby increasing the benefits.

The partnership

Five institutions worked together to produce this guide over a two-year period, following an initial phase of research and analysis into the concepts, requirements and education potentialities. Recent research has shown the importance of lifelong learning (as a psychosocial activity) for better quality of life. Learning can be seen as an activity that keeps individuals active, but also enables them to increase their creativity, personal development, personal skills and life satisfaction.



LIVE AND LEARN - THE TEACHER TRAINERS TTT

TURKEY

MODULE 1

METHODS OF FORMING RELATIONSHIPS WITH OTHERS, COMMUNICATE, BUILD RELATIONSHIPS IN THE ELDERLY

Turkey

MODULE 2

EMOTIONAL INTELLIGENCE AND THE ELDERLY: AN INTRODUCTION FOR TEACHERS
Great Britain

MODULE 3

THE ELDERLY HEALTH AND WELL - BEING

Italy

MODULE 4

VOLUNTEERING FOR SENIORS, DEVELOPMENT OF INTERESTS IN THE ELDERLY
Poland

MODULE 5

CULTURAL ACTIVITY OF OLDER PEOPLE
Portugal